

# 3<sup>rd</sup> Annual Guyana Mental Health & Well-Being Conference

(Preliminary Program: 01/12/2023) Subject to Change

# Tuesday, 5th of December 2023

# **Registration and Coffee**

8:30 AM (GUY) / 7:30 AM (EST)

# **OPENING CEREMONY**

Dome: 9:30 AM (GUY) / 8:30 AM (EST) (Zoom: 824 4065 7573 / Code: 2023)

Welcome

Mr. Neaz Subhan, Master of Ceremonies

#### Opening Remarks on Behalf of the GWB Team

Dr. William Adu-Krow

#### **Brief Remarks**

**Prof. Emanuel Cummings** 

Deputy Vice Chancellor, University of Guyana

Mr. Adam Loyer

Canada's Head of Corporation to Guyana and Suriname

Dr. Alexandra Harvey

Georgetown Public Hospital Corporation (GPHC)

Mr. Irfan Akhtar

UNICEF Deputy Representative for Guyana and Suriname

Ms. Alison Drayton

CARICOM Assistant Secretary-General

Dr. Katjia Khan

President, Caribbean Alliance of National Psychological Associations (CANPA)

Prof. Prabha Chandra

Dean, Behavioral Sciences, National Institute of Mental Health and Neurosciences, Bangalore, India

Prof. Michael Joseph

Vice Dean for Education, Mailman School of Public Health, Columbia University, New York, NY

#### **Greetings**

#### Prof. Afzal Javed, Lakore, Pakistan

Immediate Past-President, World Psychiatric Association (WPA); Consultant Psychiatrist (UK and Pakistan), & Honorary Professor, University of Birmingham and University of Warwick

#### Prof. Warren Ng, New York, USA

Immediate Past-President, American Academy of Child and Adolescent Psychiatry, Professor of Child Psychiatry, Columbia University

#### Prof. Helen Herrman, Melbourne, Australia

Professor Emeritus of Psychiatry, The University of Melbourne, Australia, & Recent Past President, World Psychiatric Association (WPA)

#### Prof. Norman Sartorius, Geneva, Switzerland

President, Association for the Improvement of Mental Health Programs & Former Director, WHO Division of Mental Health

#### Prof. Danuta Wasserman, Stockholm, Sweden

President, World Psychiatric Association (WPA), Professor of Psychiatry and Suicidology, Karolinska Institutet

#### Prof. Lakshmi Vijayakumar, Chennai, India

Suicidologist & Member of the WHO Network for Suicide Research and Prevention

#### Dr. Battuvshin Lkhagvasuren, Ulaanbaatar, Mongolia

Director, Brain Science Institute, Mongolian National University of Medical Sciences

#### Prof. Norbert Skokauskas, Trondheim, Norway

Chair, Child and Adolescent Psychiatry Section of the World Psychiatric Association (WPA), Professor, Norwegian University of Science and Technology (NTNU)

#### Dr. Mirza Rahman, Washington, D.C., USA

President, American College of Preventive Medicine, & President, the Guyanese Diaspora Charity

#### **Update on the Guyana Well-Being Studies**

#### Prof. Christina Hoven, New York, USA

Professor of Epidemiology and Psychiatry, Director, Global Psychiatric Epidemiology Group (GPEG), Columbia University

# **OPENING PLENARY LECTURE**

Moderator: Ms. Alicia Solomon

Dome: 9:30 AM (GUY) / 8:30 AM (EST) (Zoom: 824 4065 7573 / Code: 2023)

#### STATUS OF MENTAL HEALTH IN GUYANA

Hon. Minister of Health Dr. Frank Anthony MP

Lunch

Dome: 12:00 Noon (GUY) / 11:00 AM (EST) (Zoom: 824 4065 7573 / Code: 2023)

# **ROAD SAFETY EDUCATION IN GUYANA'S SCHOOLS**

Moderator: Mr. John Anderson

Dome: 1:00 PM (GUY) / 12:00 Noon (EST) (Zoom: 824 4065 7573 / Code: 2023)

Integrating Road Safety Education Into the Schools' Existing Curriculum

Ms. Ramona Doorgen

### INTERPERSONAL VIOLENCE, COPING AND SUICIDE

Moderator: Mr. George Musa

Room 1: 1:00 PM (GUY) / 12:00 Noon (EST) (Zoom: 879 4400 3822 / Code: 2023)

The spatial and temporal correlation of suicide in the United States

Prof. Katherine Keyes

Best Practices For Addressing Intimate Partner Violence (IPV) In Healthcare Settings

Ms. Sungmin Kristy Hong

# STRESSES FACED BY GUYANESE NURSES

Moderator: Ms. Leann Kendall

Room 2: 1:00 PM (GUY) / 12:00 Noon (EST) (Zoom: 829 7819 6642 / Code: 2023)

**How To Cope With Patient Death** 

Sister Meshel Vanessa Williams Sampson

Co-Authors: Jacqueline de Souza; Caique Ross Baldassarini; Jaqueline Lemos de Oliveira

Perceptions And Challenges Of Nursing Students Towards Online Learning In Guyana During COVID-19: A Qualitative Study

Mrs. Lois Stephanas

# HIV, RISKY SEXUAL BEHAVIORS AND SUPPPORT SERVICES

Moderator: Dr. William Adu-Krow

Room 3: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 848 2101 7519 / Code: 2023)

**Evaluation of Risky Sexual Behavior and Associated Factors in University Students in Guyana.** 

Mrs. Nneoma Harris

Co-Authors: T Jagnarine; R Totaram; E Crandon

Electronic Medical Records (EMR) To Engage Support Services For HIV Patients That Become Follow Up (LFTU)

Mr. Collin Haynes

### DATA MANAGEMENT WORKSHOP FOR PSYCHOLOGISTS

Moderator: Dr. Ellen-ge Denton

Room 4: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 858 0929 5016 / Code: 2023)

Wellbeing Assessment Tool And Data Management System For Psychologists - (\*CME Credit)

Dr. Anand Arulsamy

# **WORKSHOP: MENTAL HEALTH PROFESSIONAL SELF-CARE**

Moderator: Ms. Mosa Hutson-Prince

Room 5: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 886 2049 5488 / Code: 2023)

**Workshop: Professional Self Care For Mental Health Professionals** 

Mr. Shane Mark Tull

Coffee

2:30 PM (GUY) / 1:30 PM (EST)

# **ASK THE EXPERT**

Dr. Ellen-ge Denton

2:30 PM (GUY) / 1:30 PM (EST)

# PUBLIC MENTAL HEALTH: AGENDA FOR FUTURE ACTION

Moderator: Prof. Christina W. Hoven

Dome: 3:00 PM (GUY) / 2:00 PM (EST) (Zoom: 824 4065 7573 / Code: 2023)

Public Mental Health Policy - (\*CME Credit)

Prof. Afzal Javed

# PESTICIDES, ACCESS TO CARE AND SUICIDE

Moderator: Prof. Charles Branas

Room 1: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 879 4400 3822 / Code: 2023)

Pesticides And Passion - Researching Suicide In Guyana

Ms. Charlotte Shaw

Co-Authors: Jaimee Stuart; Troy Thomas; Kairi Kolves

Access To Mental Health Care In Brazil: A Comparative Analysis Between The 2013 And 2019 National Health Surveys On The Association Between Individuals With Depression And Suicidal Ideation.

Miss Beatriz De Thomaz

Co-Author: Paulo Rossi

# CRIMINAL JUSTICE AND CHILD MENTAL HEALTH

Moderator: Dr. Jenese October

Room 2: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 829 7819 6642 / Code: 2023)

The Struggle Is Real: Mental Health Issues Among Incarcerated And At-Risk Juveniles

Pastor Wendell Patrick Jeffrey

Parental Involvement With The Criminal Justice System (CJS) And Higher Risk Of CJS Involvement In Their Children: Modeling Causal Pathways To Children'S CJS Involvement With A Causal Discovery Machine Learning Approach - (\*CME Credit)

Dr. Lupo Geronazzo-Alman

Co-Authors: Lupo Geronazzo-Alman; Sisi Ma; Jonah Shi; Erich Kummerfeld; Glenn Saxe; Constantin Aliferis; Stephanie Kasen; Michaeline Bresnahan; George Musa; Keely Cheslack-Postava; Christina Hoven

# THE INTERSECTION BETWEEN VIOLENCE, MENTAL HEALTH, AND RACISM

Moderator: Ms. Alicia Solomon

Room 3: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 848 2101 7519 / Code: 2023)

The Intersection Between Structural Violence, Mental Health, And Racism - (\*CME Credit)

Dr. Kamini Doobay

# **RELIGIOSITY AND WELL-BEING**

Moderator: Dr. Olly Perreira

Room 1: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 879 4400 3822 / Code: 2023)

Considering The Role Of Religion In Mental Health And Well-Being - (\*CME Credit)

Dr. Connie Svob & Ms. Justine Wright

# **CLINICAL TRAINING-DEPRESSION IN PRIMARY CARE**

Moderator: Dr. Baressa DeClou-King

Room 5: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 886 2049 5488 / Code: 2023)

Assessment And Management Of Depression In Primary Care Settings - (\*CME Credit)

Dr. Lawrence Amsel

# NETWORKING EVENT, ARTHUR CHUNG CONFERENCE CENTER

5:00 PM (GUY) / 4:00 PM (EST)

#### Coffee

8:30 AM (GUY) / 7:30 AM (EST)

# JUST HOW IMPORTANT IS PREVENTION?

**Moderator: Prof. Judit Balazs** 

(Zoom: 824 4065 7573 / Code: 2023) Dome: 9:00 AM (GUY) / 8:00 AM (EST)

**Putting Prevention Into Practice** 

Dr. Mirza Rahman

### INTERPERSONAL VIOLENCE IN GUYANA: WOMEN, MEN AND INTERVENTION

Moderator: Mr. Derek Harp

Room 1: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 879 4400 3822 / Code: 2023)

Attitudes Of Women Towards Domestic Violence In Guyana: Analyses Of A Nationally Representative Survey - (\*CME Credit)

Dr. Gary Joseph

Co-Authors: Christopher Morrison; Charlie Branas

Trauma Interventions For Men Who Use Violence In Relationships

Mrs. Sandra Rupnarai & Ms. Monica Riutort

# **CLINICAL TRAINING-ANXIETY IN PRIMARY CARE**

Moderator: Dr. Lachmie Lall

Room 2: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 829 7819 6642 / Code: 2023)

Assessment And Management of Anxiety In Primary Care Settings - (\*CME Credit)

Dr. Lawrence Amsel

# PREGNANCY, PARENTING AND MENTAL HEALTH

Moderator: Dr. Alexandra Harvev

Room 3: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 848 2101 7519 / Code: 2023)

Common Mental Disorders In Antenatal And Postnatal Mothers Who Receive Public Health Care In Georgetown, Guyana - (\*CME Credit)

Dr. Winifred Allison Mardenborough-Razack

Co-Authors: Flavia Azevedo Gomez-Sponholz

# PREGNANCY, PARENTING AND MENTAL HEALTH

Moderator: Dr. Alexandra Harvey

Room 4: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 858 0929 5016 / Code: 2023)

Poor Parental Impact: The Prevalence Of Mental Health Illness, Personality Disorders, Developmental And Learning Disabilities Among Children And Adolescents In Guyana

Mr. Telford Layne

# **SUICIDE PREVENTION**

Moderator: Ms. Cilandell Glen

Room 4: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 858 0929 5016 / Code: 2023)

Suicide Awareness And Prevention - (\*CME Credit)

Dr. Cherlin Simon

### GENOCIDAL VIOLENCE AND PSYCHOPATHOLOGY

Moderator: Dr. William Adu-Krow

Room 5: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 886 2049 5488 / Code: 2023)

The Contribution of Exposure to Genocidal Violence and Resulting Psychopathology in the Empathic Capacities of Victims

Dr. Richard Neugebauer

#### Coffee

10:30 AM (GUY) / 9:30 AM (EST)

### **ASK THE EXPERT**

**Prof. Judit Balazs** 

10:30 AM (GUY) / 9:30 AM (EST)

# INTERNATIONAL DEVELOPMENT AND RELIEF FUND (IDRF) PROJECT IN GUYANA

Moderator: Dr. George Musa

Dome: 11:00 AM (GUY) / 10:00 AM (EST)

(Zoom: 824 4065 7573 / Code: 2023)

**Empowering Gatekeepers and Teachers: A Comprehensive Approach to Suicide Prevention in Guyana** 

Dr. Tayyab Rashid & Dr. Norman Siddiqui & Mr. Nabil Ali

Co-Authors: Timothy Morgan

# FACTOR ASSOCIATED WITH SUICIDE IN MEN IN GUYANA AND THE CARIBBEAN

Moderator: Dr. Sharlene Goberdhan

Room 1: 11:00 AM (GUY) / 10:00 AM (EST)

(Zoom: 879 4400 3822 / Code: 2023)

Sociodemographic Factors, Culture And Suicide In Guyana - (\*CME Credit)

Dr. Kay Delight Shako

Co-Authors: Vasileos Margaritis; Aaron Mendelson; Richard Palmer

Mental Health And Caribbean Men; A Focus On Suicide - (\*CME Credit)

Dr. John Anderson

# **AUTISM, OTHER DISABILITIES AND THE WORKPLACE**

Moderator: Dr. Jenese October

Room 2: 11:00 AM (GUY) / 10:00 AM (EST)

(Zoom: 829 7819 6642 / Code: 2023)

The Role Of Applied Behavior Analysis In Improving The Lives Of Children And Adults With Disabilities

Mrs. Rachel Hazel-Samaroo

Co-Authors: Paulene Hazel; Robin Hazel

Autism Spectrum Disorder In The Workplace

Dr. Sigrid Piening

# LIFESTYLE AND INTERVENTION AND LGBTQIA+ ABANDONMENT

Moderator: Dr. Vasha E. Bachan

Room 3: 11:00 AM (GUY) / 10:00 AM (EST)

(Zoom: 848 2101 7519 / Code: 2023)

The Effectiveness Of Lifestyle Interventions In Women With Gestational Diabetes At The Georgetown Public Hospital Corporation, Guyana.

Mrs. Leuanna Melina Tandi Otiko

Co-Authors: J. Robertson; R. Garnett; S. Achaiya; R. Bhojedat; L. Stephanas (supervisor)

The Psychological Effects of Abandonment on LGBTQIA+ Children And adults

Mr. Jerry Julian Collins

### PERSPECTIVES ON SCHIZOPHRENIA

Moderator: Dr. Alexandra Harvey

Room 4: 11:00 AM (GUY) / 10:00 AM (EST)

(Zoom: 858 0929 5016 / Code: 2023)

Schizophrenic Patients Admitted To The Psychiatric Outpatient Clinic At Georgetown Public Hospital Corporation, A Descriptive Study - (\*CME Credit)

**Dr. Elizabeth Nickram-Validum**Co-Author: Jenese October

### The Invisible Attributes Of Schizophrenia

Mr. Timothy Muia

Co-Authors: Ahmed I Gilan; Muhammad O Chohan; Melis Inan; Scott A Schobel; Nashid H Chaudhury; Samuel Paskewitz; Nao Chuhma; Sara Glickstein; Robert J Merker; Qing Xu; Scott A Small; Stewart A Anderson; Margaret Elizabeth Ross; Holly Moore

# **WELL-BEING OF HOTEL WORKERS IN JAMAICA**

Moderator: Dr. Ellen-ge Denton

Room 5: 11:00 AM (GUY) / 10:00 AM (EST)

ological And Social Well-Being Of

(Zoom: 886 2049 5488 / Code: 2023)

Capability To Flourishing: Exploring The Emotional, Psychological, And Social Well-Being Of Hotel Workers In Jamaica - (\*CME Credit)

Dr. Henry Jason Lewis

#### Lunch

12:00 Noon (GUY) / 11:00 AM (EST)

# SYMPOSIUM: NIMH STRATEGIES FOR SUICIDE RISK REDUCTION

Moderator: Dr. Stephen O'Connor; Introduction by Prof. Judit Balazs

Dome: 1:00 PM (GUY) / 12:00 Noon (EST) (Zoom: 824 4065 7573 / Code: 2023)

Health Services Strategies For Suicide Risk Reduction - (\*CME Credit)

Dr. Brian Ahmedani, Prof. Joan Asarnow & Dr. Edwin Boudreaux

# **INSUFFICIENT SLEEP IN CHILDREN**

Moderator: Ms. Megan Ryan

Room 1: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 879 4400 3822 / Code: 2023)

Prevalence of Being Overweight or Obese and Having Insufficient Sleep Among American Children - (\*CME Credit)

Ms. Heather Zemeck

Co-Authors: Susan Lin; Keely Cheslack-Postava

### INTERNATIONAL MENTAL HEALTH POLICY

Moderator: Prof. Christina W. Hoven

Room 2: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 829 7819 6642 / Code: 2023)

The Moment Is Ripe For Mental Health Diplomacy: A Multi-Case Study Of Four Countries' Approach To The WHO'S Mental Health Action Plan

Mrs. Anaami Pandit-Haji

The Effectiveness Of Interventions For Building Mental Health Services Delivery Capacity In Lower- And Middle-Income Countries: A Systematic Review

Mr. Mark Allen Storey

# INCARCERATION, SUBSEQUENT SUBSTANCE USE AND TREATMENT

Moderator: Dr. Quacy Grant

Room 3: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 848 2101 7519 / Code: 2023)

Substance Use and Treatment - (\*CME Credit)

Dr. Tawandra Rowell-Cunsolo

Co-Authors: Wendy Lee; Courtney Blanford; Grace Licausi; Ali Haydar Ozgun; Jessica Colon; George J. Musa

### **GUYANESE MENTAL HEALTH: A NORTHWELL PSYCHIATRY UPDATE**

**Moderator:** 

Room 4: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 858 0929 5016 / Code: 2023)

The Future Of Guyanese Mental Health: Updates From Northwell Psychiatry And The Center For Global Health - (\*CME Credit)

Dr. Lauren Azalea Hanna

Co-Authors: Eric Cioe-Peña & John Q Young

### SUICIDE IN TWO VERY DIFFERENT INTERNATIONAL SETTINGS

Moderator: Dr. George Musa

Room 5: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 886 2049 5488 / Code: 2023)

An Alarming High Suicide Attempt Rate: Analysis Of Admissions At The West Demarara Hospital Guyana - (\*CME Credit)

Dr. Davendranand Sharma

Co-Authors: D. Sharma; M.Bissoon; P. Joseph

Suicidal Behavior In Dutch Outpatient Adolescent Mental Health Service Users - (\*CME Credit)

Dr. Ingrid van Balkom

#### Coffee

2:30 PM (GUY) / 1:30 PM (EST)

# **ASK THE EXPERT**

Dr. George Musa

2:30 PM (GUY) / 1:30 PM (EST)

### A NEW COURSE IN MENTAL HEALTH AT UNIVERSITY OF GUYANA

Moderator: Dr. Reeta Gobin

Dome: 3:00 PM (GUY) / 2:00 PM (EST) (Zoom: 824 4065 7573 / Code: 2023)

Innovations in Mental Health: A New Course Development at UG

Mr. Krish Nath & Dr. Katija Khan

# **USE OF LITHIUM IN GUYANA**

Moderator: Mr. John Anderson

Room 1: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 879 4400 3822 / Code: 2023)

**Prescribing Lithium In Guyana - The Testing Question** 

Ms. Madeleine Coffev

Co-Author: Lauren Hanna

### **MENTAL HEALTH AND VACCINATION DIFFERENCES DURING COVID-19**

Moderator: Dr. Vasha E. Bachan

Room 2: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 829 7819 6642 / Code: 2023)

Mental Health Disparities During The COVID-19 Pandemic In A U.S. Longitudinal Cohort - (\*CME Credit)

Dr. Keely Cheslack-Postava

Co-Authors: George J. Musa; Megan Ryan; Michaeline Bresnahan; Sarah Forthal; Rosemarie G. Sapigao; Susan Lin; Bin Fan; Larry Amsel; Connie Svob; Lupo Geronazzo-Alman; Yi-ju Hsu; Anna Krasnova; Xiaoxiao Sun; Renee D. Goodwin; Heather Zemeck; Norbert Skokauskas; Christina W. Hoven

Altruism And Vaccination Acceptance Among Us College Students: What Does Game Theory Say? - (\*CME Credit)

Dr. Larkin McReynolds

Co-Authors: Lawrence Amsel; Micheline Bresnahan; Keely Cheslack-Postava; Megan Ryan; Yael Cycowicz; Diana Rodriguez Moreno; George Musa; Christina W. Hoven

# SPIRITUALITY AND SOCIAL ATTITUDES TOWARD MENTAL ILLNESS

Moderator: Ms. Justine Wright

Room 3: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 848 2101 7519 / Code: 2023)

Exploring The Association Between Spirituality And Social Attitudes Toward Individuals With Mental Health Challenges: Insights From GSS Data 2018 - (\*CME Credit)

Dr. Ali Lateef

# MOTIVATIONAL INTERVIEWING

Moderator: Dr. Mariasheena Villareal

Room 4: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 858 0929 5016 / Code: 2023)

Motivational Interviewing: A Tool For Engaging In Conversations About Change - (\*CME Credit)

Dr. Jason Goodman

Co-Authors: Lauren Hanna; Bruce Goldman

# **SEXUAL VIOLENCE AGAINST WOMEN IN TURKEY**

Moderator: Ms. Ramona Doorgen

Room 5: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 886 2049 5488 / Code: 2023)

**Exploring The Relationship Between Sexual Violence Against Women Within Marriage And Coping Strategies In Turkey** 

Mr. Ali Haydar Ozgun

Co-Author: Sümeyya Şenateş

#### Coffee

8:30 AM (GUY) / 7:30 AM (EST)

# SUICIDE IN YOUTH: WHAT ARE THE PATHWAYS?

**Moderator: Prof. Judit Balazs** 

Dome: 9:00 AM (GUY) / 8:00 AM (EST) (Zoom: 824 4065 7573 / Code: 2023)

Pathways To Suicide In Youth - (\*CME Credit)

Prof. Alan Apter

# TRENDS IN ADOLESCENT SUICIDE IN GUYANA

Moderator: Dr. George Musa

Room 1: 9:00 AM (GUY) / 8:00 AM (EST) (Zoom: 879 4400 3822 / Code: 2023)

The Darkness Inside (poem)

Mr. Brandon Singh

Characteristics Of Patients 10 To 17 Years Old Who Attended The Georgetown Public Hospital Corporation Psychiatry Clinic From 1St January 2016- 31St December 2022. - (\*CME Credit)

Dr. Jenese October

Co-Authors: Elizabeth Nickram-Validum

Characterization Of Suicidal Behavior Among Patients 10 To 17 Years Old Who Attended The Georgetown Public Hospital Corporation Psychiatry Clinic From 1st January 2022 To 31st December 2022 - (\*CME Credit)

Dr. Shion Alecia Toney

Co-Author: Jenese October

# **COVID-19 AND MENTAL HEALTH**

Moderator: Ms. Mosa Hutson-Prince

Room 2: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 829 7819 6642 / Code: 2023)

COVID-19, Food Insecurity And Mental Health

Ms. Megan Ryan

Trends In New Psychiatric Diagnoses In Persons During Peri-Pandemic Periods At The Georgetown Public Hospital Corporation - (\*CME Credit)

Dr. Triston Griffith

Co-Authors: Elizabeth Nickram-Validum

### NURSING DURING THE COVID-19 PANDEMIC IN GUYANA

Moderator: Dr. Thelma Mielenz

Room 3: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 848 2101 7519 / Code: 2023)

Experiences Of BSc Nursing Students At The University Of Guyana Berbice Campus During The Transition From Face-To-Face To Online Learning (1st Cohort)

Mr. Terrence Oswald Ross

Co-Authors: William Adu-Krow: Reeta Gobin

Clinical Experiences Of Final-Year Nursing Students In Four Selected Nursing Schools During The First Wave Of The COVID-19 Pandemic In Guyana. A Mixed Study - (\*CME Credit)

Dr. Noel Holder

Co-Authors: Tabitha Mallampati; Terrence Ross; Meshel Williams Sampson; and Rev. Dr. Noel Holder

# THE IMPORTANCE OF SOCIAL WORK IN GUYANA

Moderator: Ms. Alicia Solomon

Room 4: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 858 0929 5016 / Code: 2023)

Reconciling A Broken Heritage: Developing Mental Health Social Work In Guyana

Ms. Coya Nietta Halley & Dr. Stephen Cowden

# **CLINICAL TRAINING: SUICIDAL IDEATION AND BEHAVIORS IN PRIMARY CARE**

Moderator: Dr. Baressa DeClou-King

Room 5: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 886 2049 5488 / Code: 2023)

Assessment And Management Of Suicidal Ideation And Behaviors In Primary Care Settings - (\*CME Credit)

Dr. Lawrence Amsel

#### Coffee

10:30 AM (GUY) / 9:30 AM (EST)

**ASK THE EXPERT** 

Dr. Thelma Mielenz

10:30 AM (GUY) / 9:30 AM (EST)

# SYMPOSIUM: NIMH YOUTH SUICIDE PREVENTION INTERVENTIONS

Moderator: Dr. Andrea Horvath Marques; Introduction by Prof. Christina W. Hoven

Dome: 11:00 AM (GUY) / 10:00 AM (EST) (Zoom: 824 4065 7573 / Code: 2023)

Global Adaption of Youth Suicide Prevention Initiatives for Medical and Non-medical Settings

Lisa M. Horowitz

Co-Authors: Ritika C. Merai, Maria Adriana Rangel, Ana Cláudia Moura, Federico Daray, Demián Rodante, Eliana Papávero, Tesia Shi, María Soledad Burrone, Rubén Alvarado

### **CAREGIVER BURDEN & TEACHER BURNOUT**

Moderator: Dr. Sharlene Goberdhan

Room 1: 11:00 AM (GUY) / 10:00 AM (EST)

Caregivers Burden In Mental Illness Of Newly Admitted Patients Of GPHC, Psychiatry Clinic, From January To December 2021 - (\*CME Credit)

Dr. Baressa Alicia DeClou-King

Co-Author: Kristin Munroe

Teacher Burnout In Guyana: A Preliminary Study

Miss Faith Amma lanna Ross

### **DEPRESSION AND ECT IN GUYANA**

Moderator: Dr. Alexandra Harvey

Room 2: 11:00 AM (GUY) / 10:00 AM (EST)

(Zoom: 829 7819 6642 / Code: 2023)

(Zoom: 879 4400 3822 / Code: 2023)

Factors Associated With Depression Among Adult Patients Attending A Psychiatric Outpatient Clinic At Georgetown Public Hospital Corporation - (\*CME Credit)

Dr. lala Duran Llanes

Co-Author: Zenia Lopez Mompel

Assessing Opinion About Electroconvulsive Therapy In A General Patient Population In Georgetown, Guyana

Ms. Quincy DeYoung

Co-Author: Lauren Hanna

# **WORKSHOP: COMBATING COMPASSION FATIGUE**

Moderator: Dr. Karishma Jeeboo

Room 3: 11:00 AM (GUY) / 10:00 AM (EST)

(Zoom: 848 2101 7519 / Code: 2023)

**Sustainable Clinical Practice: Combating Compassion Fatigue** 

Mrs. Natasha Ganesh D'Arcangelo

# **WORKSHOP: VICARIOUS TRAUMA**

Moderator: Ms. Alicia Solomon

Room 4: 11:00 AM (GUY) / 10:00 AM (EST)

(Zoom: 858 0929 5016 / Code: 2023)

**Managing Wellbeing And Recognizing Vicarious Trauma** 

Ms. Carlotta Boodie

# **DEVELOPING CHILD MENTAL HEALTH INTERVENTIONS**

Moderator: Dr. Olly Perreira

Room 5: 11:00 AM (GUY) / 10:00 AM (EST)

(Zoom: 886 2049 5488 / Code: 2023)

Child Mental Health - (\*CME Credit)

Dr. Judit Balazs

Lunch

12:00 Noon (GUY) / 11:00 AM (EST)

# WHAT DO WE KNOW ABOUT CLIMATE CHANGE AND MENTAL HEALTH

Moderator: Prof. Charles Branas

Dome: 1:00 PM (GUY) / 12:00 Noon (EST) (Zoom: 824 4065 7573 / Code: 2023)

Climate Change and Mental Health

Dr. Michaeline Bresnahan

# ACCULTURATION, RACE AND MENTAL HEALTH: AN INTERNATIONAL PERSPECTIVE

Moderator: Mr. Derek Harp

Room 1: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 879 4400 3822 / Code: 2023)

Acculturation, Postraumatic Stress, And The Mediating Role Of Coping Strategies Among Muslim Trauma Victims - (\*CME Credit)

Dr. Richard Khan

Role Of Family Conflict Resolution In Reducing Stress, Anxiety, And Depressive Symptoms Among Resettled Bhutanese Adults In Massachusetts, United States - (\*CME Credit)

Dr. Kalpana Poudel Tandukar

Co-Authors: Kalpana Poudel-Tandukar; Shan Rai; Razu Ramdam; Krishna C. Poudel; Elaine Marie

Racial Identity Within The Indo-Caribbean Community: A Proposed Model - (\*CME Credit)

Dr. Alyssa Ramdihal

### MENTAL HEALTH SCREENING IN PRIMARY CARE SETTINGS

Moderator: Dr. Ellen-ge Denton

Room 2: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 829 7819 6642 / Code: 2023)

Developing A Universal Mental Health Screening Tool To Complement The Mental Health Global Action Programme (MhGAP)

Ms. Priyanka Algu

Co-Authors: Jared D. Weiss; Kristen H. Demertzis; John Q. Young; Lauren A. Hanna

Assessing Knowledge Attitude And Practice (KAP) Survey In Guyana'S Primary Health Care, With A Focus On Mental Health To Achieve SDG 3.4 By 2030.

Ms. Darshinie Persaud

# PHYSICIAN AND MEDICAL STUDENT WELL-BEING

Moderator: Ms. Karisma Das

Room 3: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 848 2101 7519 / Code: 2023)

Fostering A Compassionate And Resilient Medical Culture: A Multifaceted Approach To Addressing Physician Well-Being And Patient Care

Ms. Tanya Kondolay

Co-Author: Sorrentina Awala

**Exploring The Prevalence And Determinants Of Mental Health Issues Among Offshore Medical Students In Guyana: A Cross-Sectional Study** 

Miss Sarita Naraine

Co-Authors: Tariq Jagnarine; Delisha Allen; Sarita Naraine; Jasmattie Ramraj

# INTERVENTIONS FOR INTERPERSONAL VIOLENCE

Moderator: Ms. Kayshell Jennings

Room 4: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 858 0929 5016 / Code: 2023)

Teen Dating Violence: Unpacking And Regulating To Create Change

Mrs. Melanie Samantha Reid Co-Author: Melanie Reid

Improving Mental Health And Well-Being Using Dance Movement With Survivors Of Intimate Partner Violence During A Pandemic - (\*CME Credit)

Dr. Allison Ross

Co-Authors: Yasemin Özümerzifon; Carol Ewing Garber

# MENTAL HEALTH STIGMA IN CARIBBEAN COMMUNITIES

Moderator: Prof. Michael Joseph

Room 5: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 886 2049 5488 / Code: 2023)

Me Head Tek Me' What Can We Learn From Black Caribbean Men's Experience Of Mental III Health? - (\*CME Credit)

Dr. Yvette Brown

Attitudes And Beliefs About Mental Health And Illness Among People Of Caribbean Descent - (\*CME Credit)

Dr. Danielle Waldron

# MENTAL HEALTH STIGMA IN GUYANESE COMMUNITIES

Moderator: Prof. Michael Joseph

Room 5: 1:00 PM (GUY) / 12:00 Noon (EST)

(Zoom: 886 2049 5488 / Code: 2023)

**Openness As Progress** 

Ms. Usha Sookai

Coffee

2:30 PM (GUY) / 1:30 PM (EST)

**ASK THE EXPERT** 

**Prof. Charles Branas** 

2:30 PM (GUY) / 1:30 PM (EST)

# TRAINING OPPORTUNITY: THE GUYANA RESEARCH IN INJURY AND TRAUMA TRAINING (GRITT) PROGRAM

Moderator: Dr. William Adu-Krow

Dome: 3:00 PM (GUY) / 2:00 PM (EST) (Zoom: 824 4065 7573 / Code: 2023)

Guyana Research in Injury and Trauma Training (GRITT)

Prof. Christina W Hoven; Reeta Gobin; Charles Branas; Emanuel Cummings; Alexandra Harvey; Leann Kendall; Thelma Mielenz; George J Musa; Megan Ryan; Michael Joseph; Sharlene Goberdhan; Olly Perreira; Gary Joseph

# SUICIDE RISK AND DETECTION

Moderator: Ms. Justine Wright

Room 1: 3:00 PM (GUY) / 2:00 PM (EST) (Zoom: 879 4400 3822 / Code: 2023)

Detecting Suicide In Young Children - (\*CME Credit)

Professor Ellen-ge Denton

Suicide Risk Factors And Assessment In Guyana

Ms. Ulex Haynes

### AN INTERNATIONAL PERSPECTIVE OF MENTAL HEALTH INEQUALITIES

Moderator: Dr. Ulanda Haynes

Room 2: 3:00 PM (GUY) / 2:00 PM (EST) (Zoom: 829 7819 6642 / Code: 2023)

Global Mental Health Inequities - (\*CME Credit)

**Dr. Amber O'Neill Smith**Co-Author: Sharon Dyall

# **WORKSHOP: DEVELOPING SELF-ACTUALIZATION**

Moderator: Ms. Heather Zemeck

Room 3: 3:00 PM (GUY) / 2:00 PM (EST) (Zoom: 848 2101 7519 / Code: 2023)

Design For Empathy And Self-Actualization - (\*CME Credit)

Dr. Jessica Ann Huang

# **WORKSHOP: SELF-ESTEEM AND PHYSICAL ACTIVITIES**

Moderator: Ms. Marva Langevine

Room 4: 3:00 PM (GUY) / 2:00 PM (EST) (Zoom: 858 0929 5016 / Code: 2023)

Importance Of A Healthy Self-Esteem

Ms. Padma Behari

**Encouraging Positive Change In Physical Activity Levels** 

Ms. Mosa Huston-Prince

# **SUICIDE AND DIABETES: CULTURAL FACTORS**

Moderator: Ms. Karisma Das

Room 5: 3:00 PM (GUY) / 2:00 PM (EST)

(Zoom: 886 2049 5488 / Code: 2023)

Cultural, Ethnic, And Gender-Related Factors Contribute To The Prevalence Of Diabetes In Guyana - A Retrospective Study.

Mrs. Tabitha Mallampati

**Loosening The Noose: Suicide And Self-Harm** 

Miss Ashwannie Harripersaud

# Friday, 8th of December 2023

#### Coffee

8:30 AM (GUY) / 7:30 AM (EST)

# MENTAL HEALTH, CANCER AND HIV

Moderator: Dr. Lachmie Lall

Dome: 9:00 AM (GUY) / 8:00 AM (EST)

(Zoom: 824 4065 7573 / Code: 2023)

Mental Health Assessment Of Human Immunodeficiency Virus (HIV)- Infected Men Who Have Sex With Men (MSM) In Guyana

Ms. Rohanie Totaram

Co-Authors: Tariq Jagnarine; Eson Crandon

Fear Of Cancer Recurrence Among Cancer Survivors In Guyana

Mrs. Anju Vivekanandaraj

Co-Authors: Dave Laltoo; Latoya Gooding

#### Coffee

10:30 AM (GUY) / 9:30 AM (EST)

# **GLOBAL INITIATIVE IN THE AMERICAS TO PREVENT SUICIDE**

Moderator: Dr. George Musa

Dome: 11:00 AM (GUY) / 10:00 AM (EST)

(Zoom: 824 4065 7573 / Code: 2023)

Partnerships For Life - Global Initiative To Prevent Suicide: An Update On Progress In The Americas - (\*CME Credit)

Dr. Mark Sinyor

Co-Authors: Daniel Sanchez-Morales

#### Lunch

12:00 Noon (GUY) / 11:00 AM (EST)

# Friday, 8th of December 2023

# **CLOSING CEREMONY: YOUTH AMBASSADORS FOR MENTAL HEALTH**

Moderator: Ms. Cilandell Glen

Dome: 1:30 PM (GUY) / 12:30 PM (EST)

(Zoom: 824 4065 7573 / Code: 2023)

Coping Mechanism For Youths With Mental Health Disorders Using Sports

Ms. Mia F. Ritchie

An Investigation Into The Link Between Maladjusted Eating Habits And Poor Mental Health Status Amongst The Guyanese Youth

Miss Renika Anand

Questions and Answers and Closing Remarks on Behalf of the GWB Team

Dr. Christina W. Hoven

Reflections on Youth in the Future of Guyana

Hon. Minister of Human Services and Social Security Dr. Vindhya V. Persaud MP

**Closing Remarks** 

Hon. Minister of Health Dr. Frank Anthony MP